

What "truth" have I been wrestling with?

THINK & PRAY about: How can I dress myself daily with each piece of the armor?

— PUT ON THE FULL — ARMOR of GOD *Ephesians 6:10-17*

With what "truth" have I been wrestling?



The Belt {of Truth}

"Stand firm in the belt of truth buckled around your waist" —Ephesians 6:14

How do I bring peace into situations in which God places me?



The Shoes {of Peace}

"For shoes, put on the peace that comes from the Good News so that you will be fully prepared." —Ephesians 6:15

In what areas am I struggling to exercise the mind of Christ?



The Helmet {of Salvation}

"Take the helmet of salvation." —Ephesians 6:17

How can I guard my heart and emotions?



The Breastplate {of Righteousness}

"with the breastplate of righteousness in place," —Ephesians 6:14

Which part of me needs most protected?



The Shield {of Faith}

"Above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one." —Ephesians 6:16

What is my best way to absorb the Word?



The Sword {of Spirit}

"the sword of the Spirit, which is the word of God." —Ephesians 6:17

Spiritual Warfare: The ongoing battle between good and evil, God and Satan, The Family of God and The Forces of Darkness, or the individual Believer and the Devil, **1 Peter 5:8.**

2 Corinthians 10:3 – 5(NIV) tells us that "Though we live in the world, we do not wage war as the world does. ⁴The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. ⁵We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ."

Much of the battle happens in our mind, which effects our attitudes and emotions. Each of the weapons mentioned in **Ephesians 6:10 – 17** speak to specific ways we can guard ourselves. Notice that each of the armor pieces, except the last one: The Sword of The Spirit, which is the Word of God) is a defensive weapon. We are protected by these weapons. Our Sword teaches us more about our offensive weapons: prayer, proclamation of His promises, the displaying fruit of the Spirit, etc.

Daily dress yourself in The

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